



# Optimist INTERNATIONAL

## Optimist Club of West Bend



Club # 09-208

[f Optimist Club of West Bend](#)

P.O Box 1076, West Bend, WI 53095

SWIS District (#09)

[optimistclubofwestbend@gmail.com](mailto:optimistclubofwestbend@gmail.com)

## OPTIMISTICALLY SPEAKING



March 2021



### CALENDAR OF EVENTS

Mar 4	Jennifer Wimmer WB School Superintendent
Noon Lunch	Camp Silver Brook - JoAnn Mann Lodge ZOOM ID: 935 7172 1573 Passcode: 471720

Mar 11 6:00 pm	Oratorical Contest Silverbrook Intermediate School And Via ZOOM
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Mar 17	
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Mar 18 Noon Lunch	At Camp Silver Brook Jo Ann Mann Lodge <b>To Honor Student of the Month:</b> St. Francis Cabrini School ZOOM ID: 950 8392 3731 Passcode: 806301
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Mar 20	☺ Day of Happiness ☺
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Mar 23	Board of Directors' Meeting ZOOM ID: 950 2967 0673 Passcode: 179065
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Apr 1 4pm	At Lac Lawrann Conservancy WB Park & Rec - Mud Run Nick Lemke & Mike Juensch
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Apr 15 Noon Lunch	At Camp Silver Brook Jo Ann Mann Lodge <b>To Honor Student of the Month:</b> St. John's Lutheran School ZOOM ID: 950 8392 3731 Passcode: 806301
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### 2020 Police Explorer Cadet of the Year Award



On February 4, our Club paid honor to Josh Wolf, the 2020 West Bend Police Explorer Cadet of the Year. Joining us at lunch in honoring Josh were West Bend Police Lt. Rohlinger, Det. Lichtensteiger, and Cpt. Dehring. According to them, Josh, who joined the Police Explorers in April 2019, is a respectful and hardworking cadet. Anything that has been asked of him, he has always been there to help and has earned over seventy service hours. He is currently attending the Criminal Justice Program at Moraine Park Technical College with the goal of eventually becoming a West Bend Police Officer. Congratulations to Josh!



Lt. Matt Rohlinger (L) presents the 2020 West Bend Police Explorer Cadet of the Year Award to Josh Wolf (C) while Optimist Club President Heidi Sternig (R) presents Josh with a \$250 Scholarship check.



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## OPTIMIST DAY

Also on February 4th, we celebrated *National Optimist Day* along with all other members of Optimist International. Right after our luncheon, we gathered for a Club group photo.



Front row L-R: *Geri O'Brien, Gretchen Vest, Heidi Sternig, Greg Harding, & Bitsie Bollen*. Back Row, L-R: *Lance Roell, Jim Vest, Pete Lieven, John Cain, & Mike Hartwell*. Four Club members were not present: *Laura Eggert, Howard Fink, Matt Muehlbauer & Kyle Sternig*.

**National  
Peanut  
Month**



March is

*What exactly is a peanut? A Nut? No, a peanut is a legume just like beans and peas. Peanuts are a very valuable source of over 30 essential nutrients and are naturally cholesterol-free. Peanut popularity in American food culture can be attributed to Dr. George Washington Carver for his tireless devotion to this versatile legume. In fact, in 1925, Carver published a bulletin called, "How to Grow the Peanut and 105 Ways of Preparing it for Human Consumption."*

### A Quote

**Just because you don't live near a bakery doesn't mean you have to go without cheesecake.**

Hedy Lamarr

## STUDENT OF THE MONTH

February 2021

## Tianna Loether

### Silverbrook Intermediate School

This is what Silverbrook Intermediate School shared about Tianna:

An optimist not only sees the best in situations, she also helps to create positive experiences and bring out the best in others. Because she embodies these qualities, Tianna Loether is proudly recommended as the Silverbrook *Optimist Student of the Month*. Both at school and in the community, Tianna serves as a leader who through her example of service calls others to be their best selves.

Tianna has a wide variety of talents that she shares with her peers in the classroom, at her church, and on the athletic field. In addition to being elected by her classmates as their Student Council Representative, Tianna currently serves as Silverbrook Student Council President and on the Leadership Board. Her skills as a planner, problem solver, and public speaker make her very effective in these roles. Tianna also knows how to be part of a team as is demonstrated by her participation in basketball, her singing with the church band, and her cello playing with the school orchestra. Tianna encourages others to do their best by being an exemplary role model, one who is willing to risk thinking outside the box and voicing her opinions in constructive ways.

We are honored to have her in our classes and to recommend her to you for recognition as the *Optimist Student of the Month*.



Club President Heidi Sternig presents the February 2021 Student of the Month Award to Tianna Loether from Silverbrook Intermediate School



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### 2020 Christmas Family



Because of the pandemic, our Club was not be able to provide a stash of Christmas gifts for a specific young family. Instead, we agreed to support the Threshold's *Birth to Three* program and gave them \$200 from the Club to help purchase necessary equipment for the needy families they serve that helps children with their development. Individual Club members also gave generously to this effort as well.

Mike Hoffman from the Threshold wrote:

*Hi Optimist Club members!*

*To the right is a picture of the weighted compression vests I purchased with the gracious donation you made to our Birth to 3 program.*



*A total of eight vests were purchased at a cost of \$75 per vest. On behalf of myself, our program, and the families who will be able to use these.*

**THANK YOU!**

### **MARK YOUR CALENDARS!**

#### **2021 Oratorical Contest**

**Thursday March 11 at 6:30pm  
Silverbrook Intermediate School  
& via Zoom**

#### **Brat Fries**

**West Bend Sausage Plus**

**May 1 & 2      June 5 & 6**

#### **Scholarship Raffle Drawing**

**June 6    2pm    West Bend Sausage Plus**

**March 2021**

### **Free Throw Contest**

**FEBRUARY 27, 2021**



The *Optimist Club of West Bend* again sponsored a youth free-throw contest along with the Jackson Park and Recreation Department. Kids in grades 3-6 from area schools participated. The Club also wishes to thank the *West Bend Police Explorers* for their assistance with the contest.



3rd grade boys



4th grade boys



4th grade girls



5th grade girl shot



6th grade boys





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### THE WRITERS' CORNER

#### Feeling

By Sandra A. McShane

I don't know how I'm feeling.  
I think I feel all right.  
I'm busy doing nothing  
From morning until night.



I don't know how I'm feeling.  
I left the house today.  
I went to do some shopping.  
I sang along the way.



I don't know how I'm feeling.  
I gave the bags to Mom.  
We smiled and laughed and  
she was fine.  
Then I went back on home.



I don't know how I'm feeling.  
Today I'm not too sure.  
The numbers keep on  
climbing.  
Will they ever find a cure?



I don't know how I'm feeling.  
I just don't need this stuff.  
Some cake and wine and  
chocolate,  
But boy this thing is tough.



I don't know how I'm feeling  
When I stand and clap so  
loud.  
So grateful, happy and so sad  
In the isolated crowd.



I don't know how I'm feeling.  
When will that dream job  
come?  
I'm optimistic, hopeful,  
And luckier than some.



I don't know how I'm feeling.  
I saw the news today  
But only very briefly.  
Why won't it go away?



I don't know how I'm feeling.  
I don't know if I'm sad.  
My friends and family,  
they're all fine.  
For that I am so glad.



I don't know how I'm feeling,  
But this I know is true.  
We're all in this together.  
It's me and them and you.



Do you know how you're  
feeling?  
You know that it's okay  
To sit and cry and wonder,  
To want a better day.



Let's just hold this feeling  
Of love, of light, of hope.  
Let's relish all the quiet.  
Be proud of how you cope.



I don't know how I'm feeling.  
I think I want to cry.  
I don't - I make some coffee  
And stare out at the sky.



Today I got the feeling  
That soon this will be done.  
Our lives will change  
forever,  
But look up at the sun.



You know that deep down  
feeling  
Of joy, of loss, of pain,  
The love, the sadness and the  
hurt.



You'll be okay again.



One day we'll get that feeling  
Was all this even real?  
Hold onto that feeling.  
In time we will all heal.

### 2020-2021 Board of Directors

#### Officers

President	Heidi Sternig
Vice-President	Lance Roell
Secretary	Greg Harding
Treasurer	Geri O'Brien
Past-President	Mike Hartwell
Directors	
Director to 09/30/2021	Pete Lieven
Director to 09/30/2022	Laura Eggert

#### Another Quote

Once you begin to explain or excuse all events on racial grounds, you begin to indulge in the perilous mythology of race.

James Earl Jones

## PROMISE YOURSELF

- to be so strong that nothing can disturb your peace of mind;
- to talk health happiness and prosperity to every person you meet;
- to make all of your friends feel that there is something in them;
- to look at the sunny side of everything and make your optimism come true;
- to think only of the best; to work only for the best; and to expect only the best;
- to be just as enthusiastic about the success of others as you are about your own;
- to forget the mistakes of the past and press on to the greater achievements of the future;
- to wear a cheerful countenance at all times and give every living creature you meet a smile;
- to give so much time to the improvement of yourself that you have no time to criticize others;
- to be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.